

Harris County Community!

Are your Tetanus shots up-to-date?

Be very careful and cautious around your home and property because of debris and other hazards.

What is tetanus?

Tetanus is a bacterial disease that causes severe muscle spasms, lockjaw and death.

How can you be exposed to tetanus?

You can be exposed to the bacteria through:

- soil
- animal feces
- human feces
- debris

If you have a wound, what should you do to prevent tetanus?

- wash all wounds
- get direct medical attention for serious wounds
- get a tetanus shot from your health care provider, if needed

How can you protect you and your family?

Make sure that you and your children's shots are up-to-date.

Contact your local health care provider.

Harris County

HCPHES

Public Health & Environmental Services

www.hcphe.org

**Protect your family.
Protect yourself.
Get vaccinated!**

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